



Team Weekly Step Tracker

Team Name: _____

Team Captain: _____

Team Member Name	Week Number	Total number of steps per person for the week

Total number of steps for the team: _____

Captains, please complete this form using each team member's weekly walking log. Total the number of steps for the team by adding each team member's overall steps for the week. Return this form to Health Promotion Department-East Suite 10 every Monday.

Forms may also be faxed or e-mailed to Karen Clifford: 440-354-1645 or karen.clifford@lhs.net.